

**Portland Aquatic Club Snowflake Invitational
A/B/C Short Course 10 & Under
February 14, 2010
HELD UNDER THE SANCTION OF USA SWIMMING INC.**

Sanction No. 9-175

Host: Portland Aquatic Club

Location: Dishman Pool
77 NE Knott
Portland, OR 97232
503-823-3673

Eligibility Swimmers must be currently registered with USA Swimming.
No on Deck Registration shall be permitted.
Only swimmers of invited teams are eligible

Swimmers must be within the listed age brackets as of 2/14/2010

Entry Deadline Entries must be received by 5:00 PM Friday February 5, 2010

Entry Limits **10 & Under**
Swimmers may enter a maximum of 3 individual events and 1 relay.
Only the first 200 entries will be accepted for this session

Entry Fees \$3.00 Oregon Swimming surcharge per swimmer
\$2.00 Facility surcharge per swimmer
\$2.00 Individual event fee
\$8.00 Relay entry fee

Entry fee must accompany master entry form. Make checks payable to
Portland Aquatic Club

Entry Address Portland Aquatic Club
c/o Pam Terry
2915 NE 28th Avenue
Portland OR 97212

Entries Entries will not be accepted until January 5, 2010. Entries will be
accepted in order of submission until such time as the session/meet is
full or the entry deadline is reached.

Submit **YARD TIMES ONLY** for seeding. Non-conforming times will be
seeded last. The preferred method of entry is to email a Hytek/Comm-link file
to the Meet Director. Entries will also be accepted on a CD, using
Hytek/Comm-link, with a hard copy enclosed. A hard copy printout is needed
of all Hytek entries.

When you mail your entry, please email your Hytek file to
momterry@rocketmail.com. Receipt of entries will be confirmed by email.

No Coach Present: For unattached swimmers, or swimmers whose coach is not attending the meet,
it is the swimmers responsibility to arrange for a certified coach to be
responsible for the swimmer. This must be done **BEFORE** the swimmer may
enter the water for warm ups or competition. Please see the Meet Director or

the Meet Referee if assistance is needed, upon arrival at the meet.

Facility

Indoor, 25 yards, 6 lanes. Starting area depth is 10 feet and the turn end 4 feet. Facility is accessible for adaptive swimmers. Parking available. Seating for 300 spectators. Spectators are not allowed on deck.

Electronic timing system

Restrictions

There will be no TOBACCO PRODUCTS OF ANY KIND, NO ALCOHOLIC BEVERAGES, AND NO GLASS CONTAINERS allowed on the deck area or in the locker rooms. In addition, tape deck sets and/or radios without earphones will not be permitted in these areas.

Times

Warm ups 8:00 am
Timed Finals 9:00 am

Rules

Current USA Swimming and Oregon Swimming rules will govern this meet

Safety

Current Oregon Swimming safety guidelines and warm-up procedures will be in effect and will be strictly enforced.

Bull Pen

A Bull Pen will be provided for all 8 & Under events
All other swimmers shall report directly to their assigned lanes

Awards

Awards will be given according to age groups.
7 & Under, 8, 9, and 10

Individual events: Ribbons 1st through 6th place
Relays: Ribbons 1st through 3rd place

Scoring

Individual: 7,5,4,3,2,1
Relay: 14,10,8

Meetings

Coaches meeting will be held 15 minutes prior to the start of the meet
Official's meeting to be held at 8:15 AM

Hospitality

Drinks will be provided for timers and deck officials
Hospitality room will be provided for officials and coaches

Meet Referee

Dan Gipe

Meet Director

Pam Terry 503-284-3447 momterry@rocketmail.com

Officials

We always need and appreciate the help of certified officials from other clubs. If you are certified and will attend this meet, please notify the meet referee/director.

Timers

The Heat Sheet will list timing assignments for each team. Sign up sheets will be posted on the wall behind each starting block. Timers should sign up before the start of the meet.

I have read the meet information and attest that all swimmers entered hereon are registered with USA Swimming, Inc.

Coach/Team Representative

Date

Phone No.